	UNIVERSITY OF BANJA LUKA **FACULTY OF MEDICINE**	
	UNDERGRADUATE STUDIES	
	Study Programme of:	**NURSING**

Course Unit Name	**INTRODUCTION TO HEALTH CARE**			
	Nursing theories and concepts; health care process and documentation; diagnostic and therapeutic procedures			
Course Unit Code	**Course Unit Status**	**Semester**	**Class Workload**	**Number of ECTS**
	compulsory	I	3 L + 4 DRP + 2 CP (135) + 80 PT	10
Members of Staff:	Duška Jović, PhD, Assistant Professor, Course Coordinator; Nataša Egeljić-Mihailović, PhD, Assistant Professor; Darija Knežević, PhD, Assistant Professor; Željka Sadžak, Expert Associate;			

Eligibility Requirements:	**Form of Requirements**
None	

Goals of the Course Unit:

Introducing students to basic concepts in medicine and health care, the concept of nursing development, principles of health care and modern nursing, and fundamental skills in nursing practice.

Learning Outcomes (knowledge gained):

After attending classes and passing the final exam, students will have been able to do the following: conduct and plan health care using appropriate terminology and international classifications in the field of nursing; identify and describe the most important theoretical nursing models; determine the key nursing theories; apply and maintain health care documentation; assess the vital parameters; understand the routes of medication administration into the body.

Competencies:

1, 2, 3, 4, 5, 6 (see the enclosure Competencies).

Contents of the Course Unit:

Basic concepts in health care. Definition of health care. Health care as a science and contemporary nursing. Theoretical models in nursing. Principles and methods of health care. Types of health care. Health care process. Health care documentation. System of organizing health care provision and team work. Nursing functions and competencies. Education and professional development of nurses and technicians. Diagnostic and therapeutic procedures in health care. Health care in primary health care. Health care in emergency situations.

Teaching Methods:

Classes are performed as lectures, interactive exercises, seminars, midterms, consultation and independent students' work. The practicals will be conducted in the Clinical Skills Lab and Clinics, during which students are required to master the relevant procedures (competency levels A, B, C, or D) referred to in the catalogue of clinical skills. Professional training (PT) will be conducted throughout the academic year in various hospital units.

Literature:

1. Potter PA, Perry AG, Stockert PA, Hall AM (2021). Fundamentals of Nursing (10th ed.). Elsevier. Format: digital e-book / PDF.
2. Jović D., Egeljić-Mihailović N., Knežević D., Sadžak Ž. (2026). Introduction to Health Care: Lecture Slides and Presentation Materials (Lectures 1–15). Format: PowerPoint (.pptx) / PDF.

Examination forms:

Pre-Exam Duties		Final Exam		Total Points
Attendance	**5**	**Written test**	**50**	**100**
Midterm	**20**			
Practical exam	**25**			

Note for the Course Unit:

As part of this course unit, the student will have completed a professional training (PT) with a total duration of 80 hours (over 10 days). The student is required to present a signed record of the completed PT for review.

Syllabus Designer: Duška Jović, PhD, Assistant Professor,